



Sober Solutions

RULES & REGULATIONS IMMEDIATE DISCHARGE:

- ❖ Being under the influence of alcohol and/or drugs
- ❖ Possession of alcohol/drugs
- ❖ Possession of weapons
- ❖ Threats; either verbal or physical; or acts of violence or fighting
- ❖ Failure to submit a U/A (which are always at your cost)
- ❖ Unaccountable or discrepancies in times off of premises
- ❖ Lies, either found on your intake paperwork or otherwise, stealing, unusual behavior and any criminal activity
- ❖ Failure to comply with rules and/or staff dire

RULES AND REGULATIONS:

- 1. You are required to attend at least 5 12-Step meetings per week, have a program book, (Big Book, NA, Text, etc.) and attend on-premises "House Meetings"**
- 2. House meeting and group attendance is mandatory, (which means you must arrange for employment that does not interfere with these meetings).**
- 3. Rent must be paid every Friday directly to the house manager, and kept current without exception.**
- 4. You must see the house manager at least 1 time per week to discuss your recovery program.**
- 5. You must obtain a Home Group and a Sponsor (You must provide a contact name and phone number) and this will be verified.**
- 6. You are required to be employed full time, and you are not permitted to quit a job without first discussing it with the house manager, (employment status will be checked on periodically).**
- 7. Curfew is 11:00 during the week and 12:00 on the weekends; overnight passes will only be given with 24hr notice.**
- 8. Your room must be kept neat at all times**
- 9. You will be assigned daily chores (these are mandatory as part of your stay).**
- 10. All vehicles must have current tags and insurance also; there will be no storage of vehicles, and no working on vehicles on the premises.**
- 11. Bikes and all other modes of transportation must be stored in appropriate locations; security for these is at your own cost.**
- 12. Any situation that occurs with police involvement must be discussed with the house manager.**
- 13. There are absolutely no visitors allowed on premises without prior approval from the house manager.**
- 14. There will be no congregating outside, any loud music or inappropriate dress allowed and you are required to attend to daily hygiene needs.**
- 15. No one is allowed in another resident's room without permission.**
- 16. There will be no sharing of clothes, personal property, loaning money, borrowing vehicles, including bikes by either staff or residents.**
- 17. You may be asked to submit a U/A at any time for any reason, all tests will be paid for by the resident.**
- 18. Any resident who is aware of a rule infraction and does not notify the house manager immediately will be subject to discharge or put on restriction.**
- 19. All rooms are subject to inspections at any given time, and any room that does not pass inspection may cause all residents in that room to be put on restriction.**

20. Smoking is not allowed inside the house, including bedrooms.
21. Any cooking done by residents requires immediate clean-up.
22. Any medical conditions and/or injuries must be brought to the attention of the house manager.
23. Calls to 911 for medical conditions, injuries, etc. must be approved by the house manager before calling.
24. If there is an emergency, notify the house manager then call 911, immediately.
25. Any and all medications, including pain pills, psych. meds, etc. will be kept and locked by the house manager and dispensed according to the instructions on the bottle. Over the counter medications that have an unreadable label will be disposed of. Also, failure to surrender any and all medications will cause you to be discharged.
26. House shut downs will occur if chores are not done, the grounds and buildings are not cared for, rooms are not kept clean, and if general attitudes are not in line with house etiquette.
27. All rules and regulations are subject to additions and changes at any time.
28. It will be assumed that residents of Sober Solutions seek to increase the likelihood of sustained recovery. Therefore, residents will be expected to participate in Relapse Prevention, and participate in the development and maintenance of a recovery plan.
29. Residents must participate in the recovery community so as to develop recovery support.
30. Residents are asked to work steps 1, 2, and 3 from a 12 step program that have been completed with a sponsor within thirty days of admission to the house.

This is not a complete list of all the possible rules and/or violations that may happen, so to insure a healthy, happy, drug and alcohol free recovery environment please do your part and use common sense when it comes to either doing or not doing something that may affect yours and others continued stay. Any and all refunds will be given with a two week notice but if you are asked to leave or no notice is given there will be no refund. Finally, staff will not take the role of cop, lawyer or investigator. This means discharges will occur without investigation of who did what, what was said, and who is or who is not at fault.

Signature: _____

Date: _____

Sober Solutions

Application

Date: _____

Resident Full Name: _____

Address: _____

Phone Number: _____

Emergency Contact Name/Number:

Date of Birth: _____

Drivers License Number: _____

Are you currently taking any prescription medications? _____

Do you currently have any warrants for you arrest? _____

What is your sobriety date? _____

Employer? _____

Sober Solutions House

The undersigned resident shall indemnify and save Mr. Barnett, the owner of the premises, his partners, officers, directors, members, employees, agents, beneficiaries, if any, harmless from and against any and all claims and demands (except as such result from the gross negligence of Mr. Barnett, or his agents or employees) for, or in connection with an accident, injury or damage whatsoever caused to any person or property arising directly or indirectly from any act or omission of the undersigned resident and his guests and invitees, and from and against any and all costs, expense (including reasonable attorneys' fees) and liabilities incurred in connection with any such claims and/or proceedings brought thereon.

Mr. Barnett shall not be liable for any damage to property of the undersigned resident or of others located on the premises, nor for the loss of or damage to any property of the undersigned resident or of others by theft or otherwise. Mr. Barnett shall not be liable for any injury or damage to persons or property resulting from fire, explosion, falling plaster, steam, gas, electricity, water, rain or snow or leaks from any part of the premises or from the pipes, appliances or plumbing works or from the roof, street or subsurface or from any other place or by dampness, or resulting from any other cause of whatsoever nature. Mr. Barnett shall not be liable for any such damage caused by other tenants or persons in the premises, occupants of adjacent property, or the public, or caused by operations in construction of any private, public or quasi-public work. The undersigned resident shall immediately notify Mr. Barnett in writing of any defects in the premises. All property of the undersigned resident kept or stored on the premises shall be so kept or stored at the risk of the undersigned resident only and the undersigned resident shall hold Mr. Barnett harmless from any claims and costs (including reasonable attorneys' fees) arising out of damage to the same, including subrogation claims by the undersigned resident's insurance carrier. Mr. Barnett shall not, in any event, be liable in damages for the undersigned resident's special, incidental, consequential or punitive damages of whatever kind or nature, regardless of the cause of such damages and the undersigned resident, and anyone claiming by or through it, expressly waives all claims for such damages.

These indemnification and waiver of liability provisions shall expressly survive the expiration or earlier termination of this agreement.

Signature: _____

Date: _____